

Sawyer Youth Soccer Rules: U-10

Rules:

- 6 players plus a goalie (a total of 7 on the field)
- Size 4 soccer ball
- There are two 25-minute halves.
- There are 3 referees. Please let Joe or Mike know if you don't have a referee (after the match).
- Offsides is called.
- When one team's keeper has possessed the ball with their hands or a team is taking a goal kick, all players on other team must retreat to midfield (build out line). The goalkeeper/kicking team is encouraged, but not required to wait until opponent gets behind midfield. Play resumes once throw/kick is taken.
- Head balls are not permitted.
- Keepers can only throw/roll/put ball back on ground and kick (No Punts).
- All restarts from fouls are indirect.
- Illegal throw-ins are not retried
- Each player must play 50% of the game. No compromise here. This is probably the most common issue of complaints. Please figure out a system that works for you on how to keep track.
- Limit of 2 coaches (1 Head Coach and 1 Assistant with completed background checks) on sidelines of games.
- **All coaches on the sideline must have completed the background check.**
- No parents/coaches are allowed behind the goals during the game and need to remain on the sideline. No exceptions unless a parent is dealing with an injury, but must return to their sideline.
- Although not a rule, a good philosophy (and strongly encouraged) is to let players play different positions so they can learn.